



RONALD McDONALD HOUSE
EASTERN NORTH CAROLINA

Group Meal Guidelines

Thank you for your interest in preparing a meal for the families at the Ronald McDonald House! A home cooked meal makes such a difference to our guests. We have 21 bedrooms, so plan on preparing food for between 25 and 30 people. Below are some of the guidelines that we request our meal volunteers follow:

- If this is your first time signing up to prepare a meal, please call the Ronald McDonald House at 252-847-5435 to set up a brief orientation. Only one member of your group needs to attend this orientation and they will assume the leadership role for the group.
- Volunteers **must be at least 18 years old** to prepare meals for the families.
- Due to the size of our kitchen, no more than **six** people may be in a meal group.
- **Do not bring children.**
- All meals **must** be prepared at the House unless it is coming directly to the House from a commercial kitchen.
- Plan to have dinner ready between 5:30 pm and 6:00 pm.
- If anyone has been exposed to an infectious disease, they may not participate.
- Everyone that touches the food must wear poly gloves which are provided.
- We welcome you to take photos of your visit. To respect the privacy of our families, please do not include them in any photographs that you may take.
- We encourage you to use items from our pantry. Typically we have a variety of non-perishable items but perishable items such as meats need to be provided by the group. You may visit our pantry before your scheduled date and see what we have available for your use.
- Food may be displayed buffet style along the countertop.
- Please rinse all dishes and place them in the dishwasher when you are finished. Detergent is located in the cabinets above both dishwashers. If the dishwasher is full, please start it.
- All dishes must be run through the dishwasher after use.

If you have any questions, please do not hesitate to contact us at 252-847-5435.

The Ronald McDonald House of Eastern North Carolina provides a temporary home away from home for families of seriously ill or injured children receiving treatment from area medical facilities.