



Ronald McDonald House®
Eastern North Carolina

Group Meal Guidelines

Thank you for your interest in preparing a meal for the families at the Ronald McDonald House! Cooking brings people together, especially in a house this large, and a home cooked meal truly makes our families feel welcome.

Please visit our [Pinterest page](#) for Meal ideas!

- If this is your first time signing up to prepare a meal, please contact the Ronald McDonald House to set up a brief meal orientation. Only one member of your group needs to attend this orientation and they will assume the leadership role for the group.
- We have 25 bedrooms, so plan on preparing food for between 25 and 30 people.
- Volunteers **must be at least 18 years old** to participate.
- Due to the size of our kitchen, no more than **six** people may be in a meal group.
- **Do not bring children.**
- All meals **must** be prepared at the House unless it is coming directly to the House from a commercial kitchen.
- Plan to have dinner ready between 5:30 pm and 6:00 pm.
- If anyone has been exposed to an infectious disease, they may not participate.
- Everyone that touches the food must wear poly gloves which are provided.
- We welcome you to take photos of your visit. To respect the privacy of our families, please do not include them in any photographs that you may take.
- We encourage you to use items from our pantry. Typically, we have a variety of non-perishable items (canned vegetables, condiments, etc.) but perishable items such as meats and cheeses will need to be provided by the group. You are welcome to visit our pantry before your scheduled date and see what is available for your use.
- Prepared food **must be** temp tested before serving. Come get a RMH staff member before you take food out of the oven, off the stove, etc. to be sure it is served at the correct temperature. Food may be displayed buffet style along the countertop.
- Please rinse all dishes and place them in the dishwasher when you are finished. Detergent is located in the cabinets above both dishwashers. If the dishwasher is full, please start it.

The Ronald McDonald House of Eastern North Carolina provides a temporary home away from home for families of seriously ill or injured children receiving treatment from area medical facilities.